HSK Social Events – Induction

Date & time	Room	Event	Contact
9 th Sept to	Submit	Heart of Health and Social Work photo competition -	Laura Lowe
15 th Oct	online via the form or to <u>heartofHSK</u> @herts.ac.u <u>k</u>	Submit a photo that represents what Health and Social Work means to you. This could include something that represents your chosen profession, a photo of you and your peers on your programme – be creative and there's PRIZES to be won! Please do not take any photos of placement areas or patients/ service users. Enter by submitting via this form https://forms.office.com/e/4KxyW8zpJH or email your photo to <u>heartofHSK@herts.ac.uk</u>	(<u>l.lowe@herts.ac.uk</u>) Kathy Whayman (<u>k.whayman@herts.</u> ac.uk)
All week 23 rd Sept	Wright Building & Meridian House	Poster: Heart of HSK photo competition.docx It's in"duck"tion! - can you find one of our hidden welcome ducks? If you find one – keep it, it's yours to welcome you to HSK!	Laura Lowe (l.lowe@herts.ac.uk)
Wednesday 25 th Sept 1- 2:30	F392	Snacks and speed meet – Meet other students in the School of Health and Social Work. A speed meet is an opportunity to briefly connect with lots of other students and make new friends!	Laura Lowe (l.lowe@herts.ac.uk) Kathy Whayman (k.whayman@herts. ac.uk)
Wednesday 25 th Sept 3- 5pm	Online: https://herts -ac- uk.zoom.us/j /9765916050 8?pwd= 18Et uhR2tBUvZW g30QHv2Mw AfEbsk.1	Black Student Empowerment Group social – This is a networking group for black students. Come and meet, socialise and network with other staff and students in HSK.	Vida Douglas (v.douglas@herts.ac .uk) Careen Hanson (c.hanson2@herts.a c.uk)
Monday 30 th Sept 12-2pm	1F391 12-2pm	Men's network - Come and meet other students in HSK! Please bring your lunch along.	Freddie Stubley (f.stubley@herts.ac. uk)
Released Monday 30 th Sept	online	Podcast – The time I made a difference – Be inspired! Hear lecturers' experiences from a time when they made a difference in their work in health and social care settings. Click here to listen: https://castbox.fm/channel/HSK-Student-pod- id4303718?country=gb	
Wednesday 2 nd Oct 1- 2:30pm	F326	Craft Social – Feeling crafty? Come and join us to do some crafts and meet staff and students in HSK. You don't have to be good at crafts, come and give it a go!	Laura Lowe (l.lowe@herts.ac.uk)

Thursday 3 rd	LRC	Study buddy social - come any find peers to study	3 rd Oct – Anita
Oct 1-2pm	1J38 (GSR 6)	with and learn some study skills in a friendly setting.	Fromm
			(<u>a.fromm@herts.ac.</u> uk)
Monday 7 th Oct	Wright Building	Can you find any wellbeing stickers and treats hidden around the Wright Building – Pause and take some time to look after your mental health this week as part of World Mental Health Day 2024	Laura Lowe (l.lowe@herts.ac.uk) Freddie Stubley (f.stubley@herts.ac. uk)
All week	Online – will be shared	Induction quiz – prizes to be won, how much do you remember from your induction!	Freddie Stubley (f.stubley@herts.ac. uk)
Tuesday 8 th Oct 5:30-7pm	online	Online Student-Parents and Carers Social – Meet other student parents and carers and think with a member of the academic skills team how can you balance study and family to make sure you have a good work-life balance. Join Zoom Meeting https://herts-ac-uk.zoom.us/j/97704710353	Shipa Begum (s.begum7@herts.ac .uk)
Wednesday 9 th Oct 1:30- 3:30	F392	Returning to Education Social Networking Event – This event will debunk some common myths about returning to education! Come and meet others who have been away from studying for a while and think about how you can get back into studying.	Shipa Begum (s.begum7@herts.ac .uk)
10 th Oct Tbc but likely 11- 3pm	Tbc but likely Elehouse	HSK Student Union Social – join the SU for games and fun with other HSK students	Megan Stretch & Laura Lowe (l.lowe@herts.ac.uk)
Thursday 10 th Oct	Wright Building	World Mental Health Day pledge wall – how will you prioritise your mental health this year? Come and make a pledge on our pledge wall in the Wright Building.	Laura Lowe (l.lowe@herts.ac.uk)
Friday 11 th Oct 3-5pm	Online: https://herts -ac- uk.zoom.us/j /9765916050 8?pwd= 18Et uhR2tBUvZW g30QHv2Mw AfEbsk.1	Black Student Empowerment Group social – This is a networking group for black students. Come and meet, socialise and network with other staff and students in HSK.	Vida Douglas (v.douglas@herts.ac .uk) Careen Hanson (c.hanson2@herts.a c.uk)
All week	Submit online via the form or to <u>heartofHSK</u> @herts.ac.u <u>k</u>	Heart of Health and Social Work photo competition. Submit a photo that represents what Health and Social Work means to you. This could include something that represents your chosen profession, a photo of you and your peers on your programme – be creative and there's PRIZES to be won! Please do not take any photos of placement areas or patients/ service users. Enter by submitting via this form https://forms.office.com/e/4KxyW8zpJH Poster: Heart of HSK photo competition.docx	Laura Lowe (l.lowe@herts.ac.uk) Kathy Whayman (k.whayman@herts. ac.uk)
Wednesday 16 th Oct 1- 2:30	F326	Coffee social plus sharing the photos submitted so far for our competition Come and have coffee, chat and see the amazing photos from the Heart of Health and Social Work photo competition	Laura Lowe (l.lowe@herts.ac.uk) Kathy Whayman (k.whayman@herts. ac.uk)

Thursday 17 th	LRC	Study buddies- come any find peers to study with and	Anita Fromm
Oct 12:30-	1J138 (GSR 6)	learn some study skills in a friendly setting.	a.fromm@herts.ac.
13:30			<u>uk</u>
Wednesday	F392	Neurodivergent student social – This is an event	Mariya Shabbir
23 rd Oct 1-		specifically for students who are neurodivergent. Come	m.shabbir@herts.a
2pm		and meet staff and other students and see how we can	<u>c.uk</u>
		support you during your time here.	
31 st Oct	LRC	Study buddy social – come and find peers to study	Anita Fromm
12:30-13:30	1J138 (GSR 6)	with and learn some study skills in a friendly setting.	a.fromm@herts.ac.
	Zoom link		<u>uk</u>)